

**CHROMA 2020**

Thank you all for listening to my “meditation” on empathy, and perusing these attached materials.

When first presented with the opportunity to put together a talk for CHROMA2020, I knew exactly the topic on which I wanted to present: a topic someone mentioned on the internet, that a cis-gendered male should finally take-up. A non-technical conversation about emotions and social interaction.

Problem, I’m not academically accredited to be speaking on any of this. Sure I took a few social sciences classes, and read parts of a few books; after which, I just have life experience ... Though on second-thought, is that not the bulk of what most of us bring to any table at which we might sit?

And so taking a moment to pause it all, and just sit with who we actually are ... I recently saw a tweet thread discussing what we might all do, or learn. And I didn’t see a thing about honesty in the list; when, I’d argue, it’s one of the most necessary and nuanced skills one can acquire. To be able to tell ourselves the difficult information, with compassion and hope.

In these moments, I also need to be honest with myself, I’m at a loss as to where I might be apply my efforts. I’m so very tired of these capitalistic games; though in other respects, I’ve somewhat won; a skill was given to me that I am now able to employ at my leisure to sustain my existence; while I can use my spare time to build. Though I also want to live; and so ... this talk became a meditation ... me ruminating with slides. And I’ve asked a few questions, like what would humane human organization look like, can we think of any examples?

To my limited mindset, the few things that come to mind are my academic comprehension tribal communities, and unions; though with the latter, the first things that come to mind are mafias. Which simply allude to how hierarchical organizations are so easily leveraged to serve a few to the detriment of the whole.

I remain at a loss, knowing that something else needs to be built.

Though thank you for taking the time to explore with me. If you have any questions, I am available at the following email address, and I would be happy to continue conversation.

Light and laughter,



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<https://www.screamfreely.org/ux-impression-test>